


Northeast Louisiana

FEBRUARY 2026



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
<div><p>TRIO Community Meals</p><p>Nourishment through compassionate care.</p></div>		<p>Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.</p>												
2	Beef Stew Mashed Red Potatoes Garden Vegetables Saltine Crackers Rice Krispie Treat Milk Margarine	1 cup 1/2 cup 1/2 cup 2 pkt 1 each 1 each 1 each	3	Chicken Fried Steak Country Gravy Chuckwagon Corn Green Bean Salad Wheat Bread Mixed Fruit Cobbler Milk Margarine	1 each 1 oz 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	4	BBQ Pork Rib Patty Black-eyed Peas Collard Greens Cornbread Butterscotch Pudding Milk Margarine	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	5	Chicken Scampi Garlic Parmesan Rice Herbed Green Peas Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 each 1 slice 1 each 1 each 1 each	6	Tuna Salad or Sliced Ham Swiss Cheese Lettuce Tomato Onion Broccoli Salad White Bread Fig Bar Cookie Milk Mayonnaise	1/2 cup 2.25 oz 1 oz 1/2 cup 1/2 cup 2 slices 1 each 1 each 1 each
9	Grandma's Chicken and Rice Spring Vegetables Green Peas Wheat Bread Oatmeal Creme Cookie Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	10	Beef Patty Oven Roasted Potatoes Coleslaw Hamburger Bun Pear Crisp Milk Ketchup	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	11	Chicken Tenders Country Gravy Whipped Potatoes Lima Beans Wheat Bread Strawberry Swirl Pudding Milk Margarine	2 each 1 oz 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	12	Smoked Sausage Red Kidney Beans Steamed Rice Collard Greens Cornbread Seasonal Fruit Milk Margarine	2 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	13	Macaroni and Cheese or Turkey Tetrazzini Green Beans Glazed Carrots Dinner Roll Seasonal Fruit Milk	1 cup 1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each
16	Creole Steak Ranch Potatoes Sliced Carrots Wheat Bread Tropical Fruit Milk Margarine	1 each 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	17	Chicken and Dumplings Lima Beans Whole Kernel Corn Whole Wheat Roll Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	18	~Ash Wednesday~ Shrimp Creole or Chicken Creole (Bone-In) Steamed Rice Green Peas Cranberry Juice Dinner Roll Cinnamon Cake Milk Margarine	1 cup 1 each 1/2 cup 1/2 cup 1 each 1 each 1 piece 1 each 1 each	19	Sliced Ham Cut Yams Cabbage Cornbread Shortbread Cookies Milk Margarine	3 oz 1/2 cup 1/2 cup 1 each 1 pkt 1 each 1 each	21	~Lenten Meal~ Krab Cake or BBQ Riblet O'Brien Potatoes Green Beans Hamburger Bun Mixed Fruit Milk Tartar Sauce	1 each 1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each
23	Chicken Noodle Casserole Green Beans w/Peppers Glazed Carrots Dinner Roll Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	24	Cheesesteak or Beef Patty Baked Beans Coleslaw Hamburger Bun Apple Crisp Milk Ketchup Mayonnaise	1/2 cup 1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	25	Sliced Turkey Breast Poultry Gravy Garlic Whipped Potatoes Mixed Vegetables Wheat Roll Banana Moon Pie Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	26	Chicken & Sausage Gumbo Stewed Tomatoes Summer Vegetables Saltine Crackers Fruited Orange Gelatin Milk	1 cup 1/2 cup 1/2 cup 2 pkt 1/2 cup 1 each	27	~Lenten Meal~ Seafood Au Gratin or Chili Broccoli Florets Cauliflower Whole Wheat Roll Mixed Fruit Milk Margarine	1 cup 1 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each

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