

Northeast Louisiana July 2026



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
 TRIO Community Meals Nourishment through compassionate care.				1 Sloppy Joe Potato Wedges Whole Kernel Corn Hamburger Bun Seasonal Fruit Milk		2 ~Independence Day Meal~ BBQ Riblette Ranch Beans Coleslaw Hamburger Bun Apple Cobbler Milk		3 Closed for Holiday	
6 Scalloped Chicken Casserole Brussels Sprouts Glazed Carrots Wheat Bread Seasonal Fruit Milk Margarine		7 Glazed Ham Scalloped Potatoes Cabbage Whole Wheat Roll Shortbread Cookies Milk Margarine		8 Sliced Turkey Breast Swiss Cheese Lettuce Tomato Onion Pickle Broccoli Raisin Salad Wheat Bread Banana Pudding w /Wafers Milk Mayonnaise		9 Smothered Chicken (Bone-In) Candied Spiced Yams Collard Greens Cornbread Seasonal Fruit Milk Margarine		10 Sloppy Joe or Shredded BBQ Chicken Whole Kernel Corn Green Beans Hamburger Bun Strawberry Fruited Gelatin Milk	
13 Meatballs w/Spaghetti Sauce Spaghetti Noodles Broccoli Florets Cauliflower Garlic Texas Bread Seasonal Fruit Milk		14 Chicken & Sausage Jambalaya Black-eyed Peas Stewed Tomatoes Cornbread Butterscotch Pudding Milk Margarine		15 Pork Roast Brown Gravy Steamed Rice Spinach Cranberry Juice Dinner Roll Banana Moon Pie Milk Margarine		16 Fajita Chicken or Taco Meat Pinto Beans Corn O'Brien Flour Tortilla Lime Gelatin Milk Sour Cream Taco Sauce		17 Beef Patty Lettuce Tomato Pickle Hashbrown Casserole Hamburger Bun Tropical Fruit Crisp Milk Ketchup Mayonnaise	
20 Beef Pot Pie Lima Beans Glazed Carrots Texas Bread Seasonal Fruit Milk Margarine		21 Smoked Sausage Red Kidney Beans Steamed Rice Mixed Greens Cornbread Seasonal Fruit Milk Margarine		22 Chicken Tenders or BBQ Riblet Delmonico Potatoes Brussels Sprouts Whole Wheat Roll Chocolate Pudding Milk Margarine Ketchup		23 Sweet & Sour Meatballs Fried Rice Japanese Vegetables Orange Juice Dinner Roll Oatmeal Creme Cookie Milk Margarine		24 Chicken Salad Potato Salad Coleslaw Wheat Bread Birthday Cake Milk	
27 Beef & Penne Casserole Whole Kernel Corn Green Beans w/ Peppers Garlic Texas Bread Seasonal Fruit Milk Margarine		28 Chicken & Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Pound Cake Milk Margarine		29 Beef Patty Brown Gravy Garlic Whipped Potatoes Broccoli Florets Wheat Bread Lemon Berry Pudding Milk Margarine		30 Chicken and Dumplings Green Peas Sliced Carrots Dinner Roll Seasonal Fruit Milk Margarine		31 Pork Roast or BBQ Chicken Breast Mashed Spiced Yams Cabbage Cornbread Rice Krispie Treat Milk Margarine	

Kim Dommert RD, LD

Kim Dommert, RD, LD