



Northeast Louisiana

April 2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
 TRIO Community Meals Nourishment through compassionate care.		1 Chicken and Dumplings Lima Beans Whole Kernel Corn Wheat Bread Seasonal Fruit Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	2 Meatballs w/Mushroom Gravy <i>or</i> Smothered Chicken (Bone-In) Whipped Potatoes Greens Beans Wheat Bread Banana Pudding w/Wafers Milk Margarine	6 each 1 each 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	3 Sliced Ham Cut Yams Cabbage Cornbread Graham Crackers Milk Margarine	3 oz 1/2 cup 1/2 cup 1 piece 1 pkt 1 each 1 each	4 <i>~Lenten Meal~</i> Seafood Au Gratin <i>or</i> Chicken Au Gratin Broccoli Florets Cauliflower Dinner Roll Mixed Fruit Milk Margarine	1 cup 1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each
		7 Bowtie Lasagna Sliced Carrots Broccoli Florets Wheat Roll Fudge Creme Cookie Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	8 Chicken & Sausage Jambalaya Green Peas Tossed Salad Wheat Bread Bread Pudding w/Raisin Sauce Milk Margarine Ranch Dressing	1 cup 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each 1 each	9 Orange Chicken (Bone-In) Brussels Sprouts Capri Vegetables Dinner Roll Lime Gelatin Milk Margarine	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each	10 Glazed Ham <i>or</i> Glazed Turkey Breast Baked Sweet Potato Cabbage Cornbread Banana Pudding Milk Margarine	3 oz 3 oz 1 each 1/2 cup 1 piece 1/2 cup 1 each 1 each
14 Picante Chicken Pinto Beans Corn O'Brien Flour Tortilla Seasonal Fruit Milk Sour Cream	1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	15 Swedish Meatballs Egg Noodles Herbed Green Beans Cranberry Juice Wheat Bread Diced Pears Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1 slice 1/2 cup 1 each 1 each	16 Chicken & Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Pineapple Cake Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 2 pkt 1 piece 1 each 1 each	17 <i>~Easter Meal~</i> Glazed Ham Cut Yams Collard Greens Cornbread Carrot Raisin Cake Milk Margarine	3 oz 1/2 cup 1/2 cup 1 piece 1 piece 1 each 1 each	18 <i>Closed for Holiday</i>	
21 Teriyaki Meatballs <i>or</i> Teriyaki Chicken Steamed Rice Japanese Vegetables Cranberry Juice Wheat Bread Banana Moon Pie Milk Margarine	6 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 each 1 slice 1 each 1 each 1 each	22 Chicken Tenders Country Gravy Whipped Potatoes Creole Green Beans Dinner Roll Seasonal Fruit Milk Margarine	2 each 2 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	23 Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mayonnaise Ketchup	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each 1 each	24 Sliced Ham Steamed Rice Northern Beans Turnip Greens Fruit Juice Blend Cornbread Orange Gelatin Milk Margarine	2 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1 piece 1/2 cup 1 each 1 each	25 Chicken Chef Salad Cucumber Tomato Salad Mandarin Oranges Saltine Crackers Birthday Cake Milk Ranch Salad Dressing	1.5 cup 1/2 cup 1/2 cup 2 pkt 1 piece 1 each 1 each
28 Meatballs w/Spaghetti Sauce Spaghetti Noodles Italian Vegetables Cranberry Juice Dinner Roll Seasonal Fruit Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	29 BBQ Riblet <i>or</i> BBQ Chicken Baked Beans Coleslaw Hamburger Bun Mixed Fruit Crisp Milk	1 each 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each	30 Glazed Ham Macaroni & Cheese Mixed Greens Fruit Juice Blend Dinner Roll Pineapple Tidbits Milk Margarine	3 oz 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each				

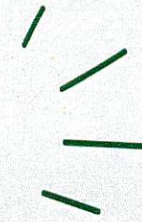
Kim Dommert RD, LD

Kim Dommert, RD, LD



Northeast Louisiana

May 2025



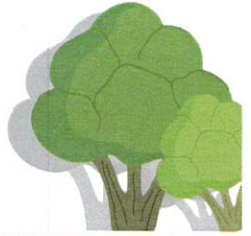
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1 Chicken and Dumplings Whole Kernel Corn Cabbage Cornbread Strawberry Gelatin Milk Margarine		2 Beef Burgundy Buttermilk Potatoes Brussels Sprouts Wheat Bread Mississippi Mud Pudding Milk Margarine	
5 Taco Meat Pinto Beans Spring Vegetables Flour Tortilla Seasonal Fruit Milk Taco Sauce Sour Cream		6 Turkey Breast w/Gravy Steamed Rice Italian Green Beans Orange Juice Dinner Roll Butterscotch Pudding Milk Margarine		7 Chili Dog Diced Onions <i>or</i> BBQ Meatballs Baked Beans Coleslaw Hot Dog Bun Apple Cobbler Milk		8 Pork Roast Brown Gravy Garlic Whipped Potatoes Spinach Cornbread Peaches Milk Margarine		9 <i>~Mother's Day Meal~</i> Baked Chicken (Bone-In) Poultry Gravy Au Gratin Potatoes Broccoli Florets Dinner Roll Banana Pudding w/Wafers Milk Margarine	
12 Grandma's Chicken and Rice Broccoli Florets Sliced Carrots Wheat Bread Fig Bar Milk Margarine		13 Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mayonnaise Mustard		14 Smoked Sausage Kidney Beans Baked Rice Cabbage Cornbread Rice Krispie Treat Milk Margarine		15 Spaghetti Casserole Whole Kernel Corn Green Beans Wheat Bread Orange Gelatin Milk Margarine		16 Chicken Tenders Country Gravy <i>or</i> BBQ Riblet Cheesy Whipped Potatoes Mixed Greens Dinner Roll Seasonal Fruit Milk Margarine	
19 Bowtie Lasagna Sliced Carrots Broccoli Florets Wheat Roll Fudge Creme Cookie Milk Margarine		20 Chicken & Sausage Jambalaya Green Peas Tossed Salad Wheat Bread Bread Pudding w/Raisin Sauce Milk Margarine Ranch Dressing		21 Orange Chicken (Bone-In) Brussels Sprouts Capri Vegetables Dinner Roll Lime Gelatin Milk Margarine		22 Glazed Ham <i>or</i> Glazed Turkey Breast Baked Sweet Potato Cabbage Cornbread Banana Pudding Milk Margarine		23 <i>~Memorial Day Meal~</i> Sausage w/Onions/Peppers Oven Roasted Potato Medley Corn O'Brien Hot Dog Bun Birthday Cake Milk	
26 <i>Closed for Holiday</i>		27 Swedish Meatballs Egg Noodles Herbed Green Beans Cranberry Juice Wheat Bread Diced Pears Milk Margarine		28 Chicken & Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Pineapple Cake Milk Margarine		29 Pork Roast Brown Gravy Whipped Potatoes Collard Greens Cornbread Marble Pudding Milk Margarine		30 Sliced Turkey Breast <i>or</i> Sliced Ham Sliced Cheese Spinach Salad Coleslaw Wheat Bread Oatmeal Creme Cookie Milk Mayonnaise Ranch Dressing	


Kim Dommert RD, LD

Kim Dommert, RD, LD

June 2025

Northeast Louisiana



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
2	Teriyaki Meatballs or Teriyaki Chicken Steamed Rice Japanese Vegetables Cranberry Juice Wheat Bread Banana Moon Pie Milk Margarine	6 each 1/2 cup 1/2 cup 1/2 cup 1 each 1 slice 1 each 1 each 1 each	3	Chicken Tenders Country Gravy Whipped Potatoes Creole Green Beans Dinner Roll Seasonal Fruit Milk Margarine	2 each 2 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each	4	Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mayonnaise Ketchup	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each 1 each	5	Sliced Ham Steamed Rice Northern Beans Turnip Greens Fruit Juice Blend Cornbread Orange Gelatin Milk Margarine	2 oz 1/2 cup 1/2 cup 1/2 cup 1 each 1 piece 1/2 cup 1 each 1 each	6	Chicken Chef Salad Cucumber Tomato Salad Mandarin Oranges Saltine Crackers Graham Crackers Milk Ranch Salad Dressing	1.5 cup 1/2 cup 1/2 cup 2 pkt 2 pks 1 each 1 each
9	Meatballs w/Spaghetti Sauce Spaghetti Noodles Italian Vegetables Cranberry Juice Dinner Roll Seasonal Fruit Milk Margarine	6 each 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	10	BBQ Riblet or BBQ Chicken Baked Beans Coleslaw Hamburger Bun Mixed Fruit Crisp Milk	1 each 1/2 cup 1/2 cup 1/2 cup 1 each 1/2 cup 1 each	11	Glazed Ham Macaroni & Cheese Mixed Greens Fruit Juice Blend Dinner Roll Pineapple Tidbits Milk Margarine	3 oz 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each	12	Chicken and Dumplings Whole Kernel Corn Cabbage Cornbread Strawberry Gelatin Milk Margarine	1 cup 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each	13	~Father's Day Meal~ Meatloaf Brown Gravy Buttermilk Potatoes Brussels Sprouts Dinner Roll Seasonal Fruit Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each
16	Taco Meat Pinto Beans Spring Vegetables Flour Tortilla Seasonal Fruit Milk Taco Sauce Sour Cream	4 oz 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each 1 each	17	Turkey Breast w/Gravy Steamed Rice Italian Green Beans Orange Juice Dinner Roll Butterscotch Pudding Milk Margarine	3 oz 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each 1 each	18	Chili Dog Diced Onions or BBQ Meatballs Baked Beans Coleslaw Hot Dog Bun Apple Cobbler Milk	1 each 1 tb 6 each 1/2 cup 1/2 cup 1 each 1 each 1/2 cup 1 each	19	Pork Roast Brown Gravy Garlic Whipped Potatoes Spinach Cornbread Peaches Milk Margarine	3 oz 1 oz 1/2 cup 1/2 cup 1 piece 1/2 cup 1 each 1 each	20	Oven Fried Chicken (Bone-In) Rosemary Carrots Whole Kernel Corn Wheat Bread Seasonal Fruit Milk Margarine	1 piece 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each
23	Grandma's Chicken and Rice Broccoli Florets Sliced Carrots Wheat Bread Fig Bar Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1 each 1 each 1 each	24	Beef Patty Lettuce Tomato Pickle Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mayonnaise Mustard	1 each 1/2 cup 1/2 cup 1 each 1/2 cup 1 each 1 each 1 each	25	Smoked Sausage Kidney Beans Steamed Rice Cabbage Cornbread Rice Krispie Treat Milk Margarine	2 each 1/2 cup 1/2 cup 1/2 cup 1 piece 1 each 1 each 1 each	26	Spaghetti Casserole Whole Kernel Corn Green Beans Wheat Bread Orange Gelatin Milk Margarine	1 cup 1/2 cup 1/2 cup 1 slice 1/2 cup 1 each 1 each	27	Chicken Tenders Country Gravy or BBQ Riblet Cheesy Whipped Potatoes Mixed Greens Dinner Roll Birthday Cake Milk Margarine	2 each 1 oz 1 each 1/2 cup 1/2 cup 1 each 1 piece 1 each 1 each
30	Bowtie Lasagna Sliced Carrots Broccoli Florets Wheat Roll Fudge Creme Cookie Milk Margarine	1 cup 1/2 cup 1/2 cup 1 each 1 each 1 each 1 each												

Kim Dommert RD, LD

Kim Dommert, RD, LD